

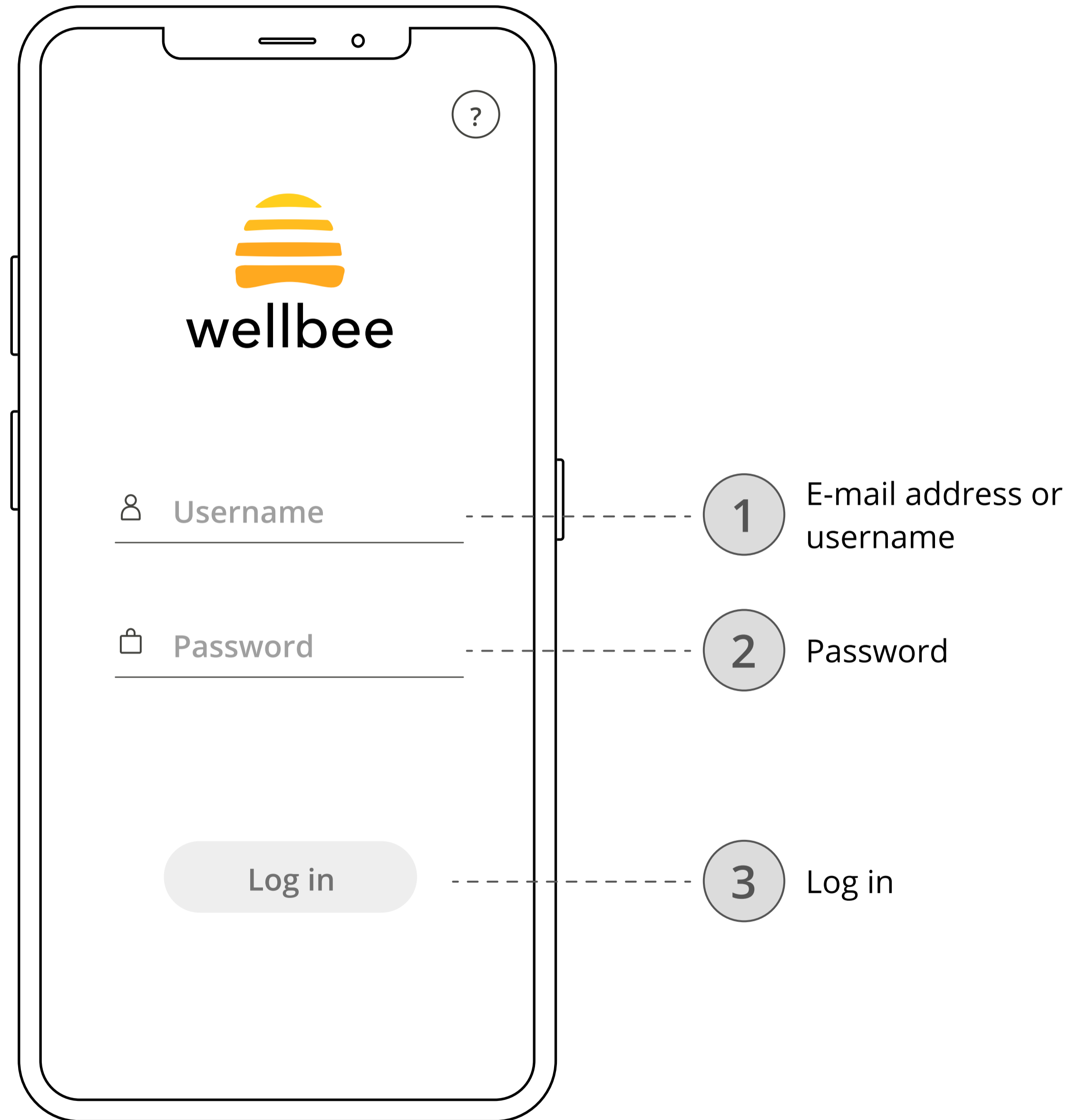
Log in

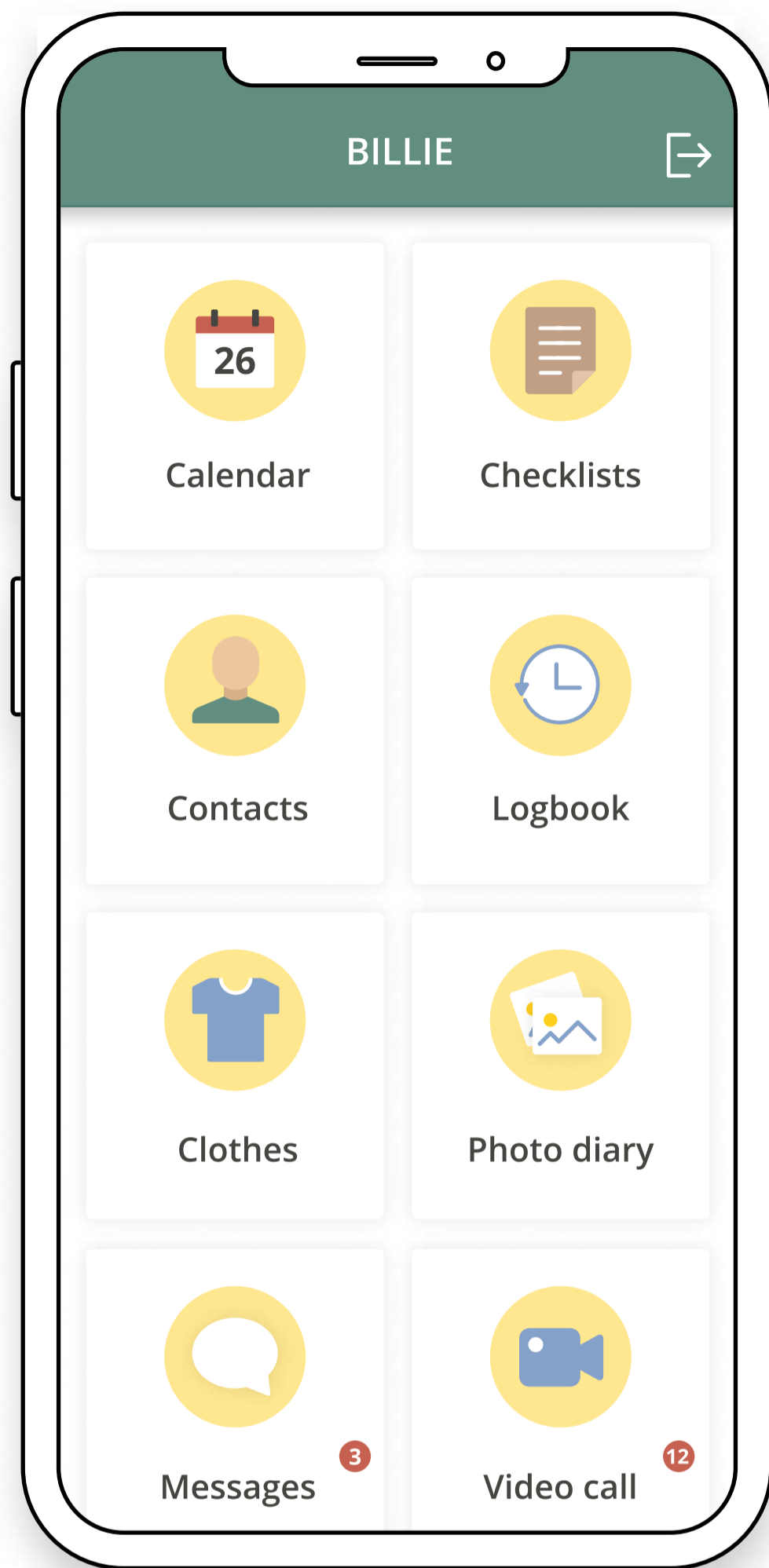
Enter the e-mail address or username and the password that you and your planner have written below. Then press “Log in”.

Username: _____

E-mail: _____

Password: _____





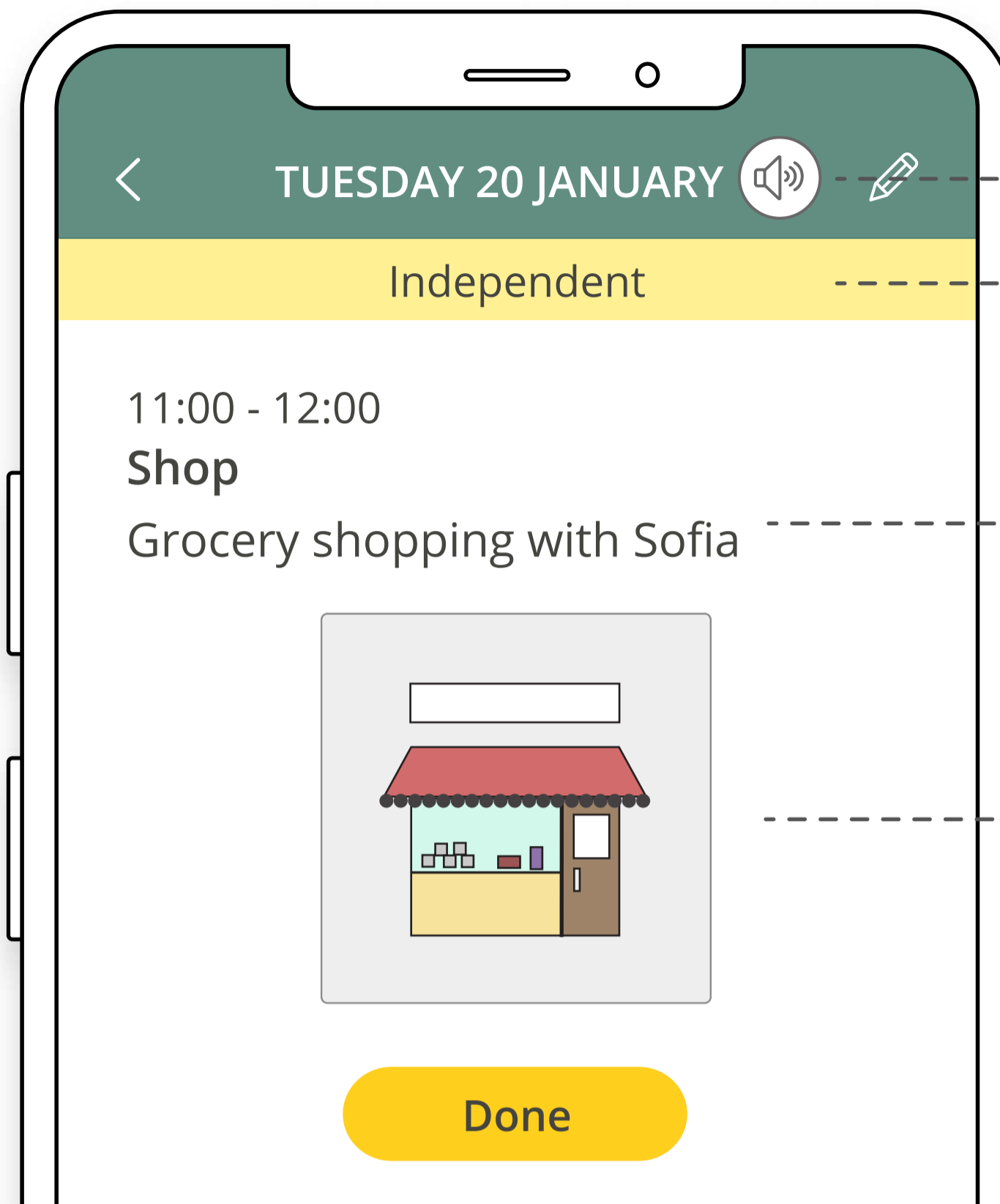
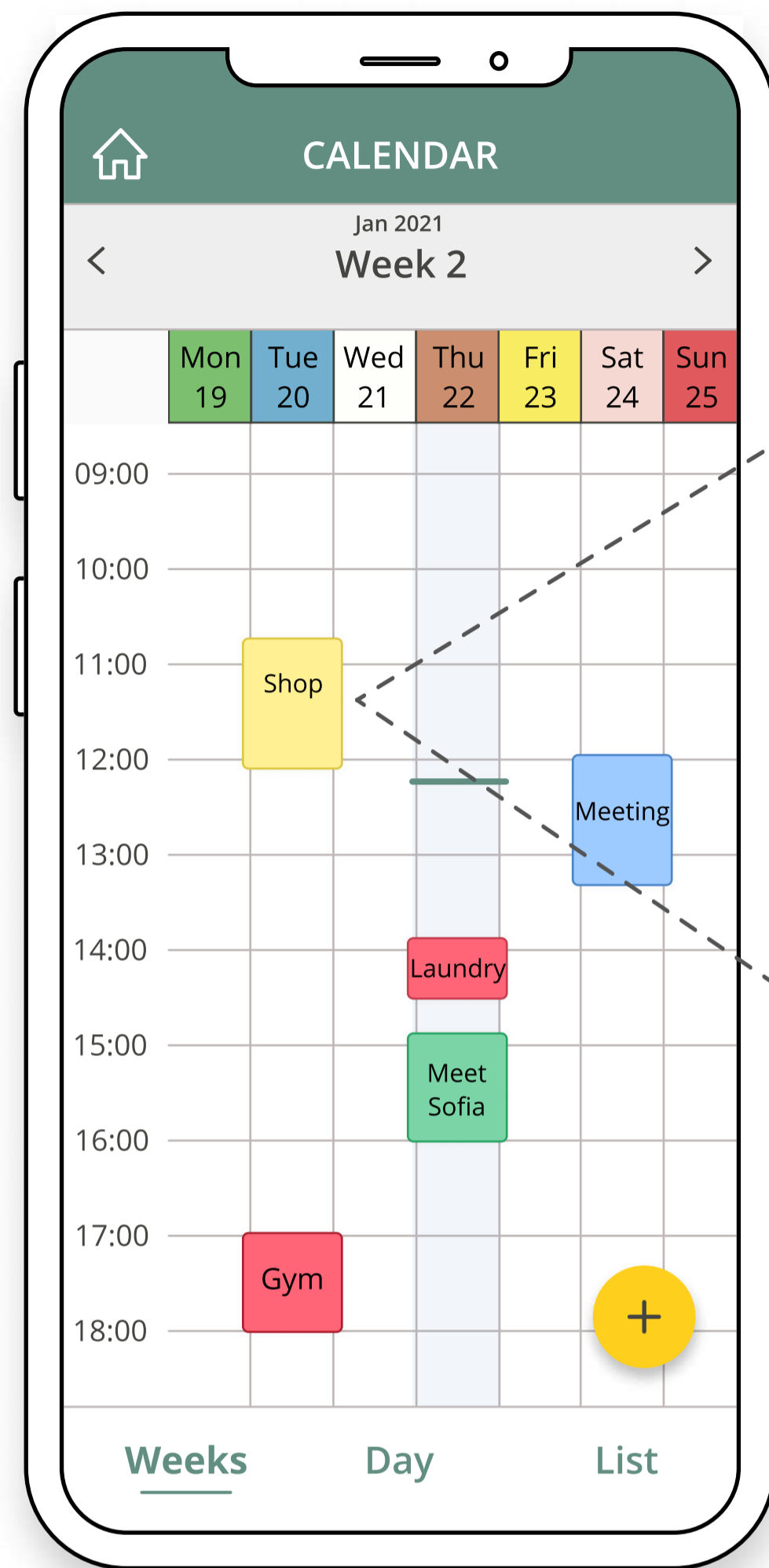
Home screen

After logging in you will be taken to your home screen. Here you will find a number of buttons that takes you to the different functions of the app.



Clothes

The function "Clothes" helps you with choosing appropriate clothing for today's weather with pictures that change depending on temperature and weather conditions.



Audio

Activity type

Description

Image, photo or video

Calendar

Both you and your group of planners can create activities in your calendar. If you press an activity you can read more information about it. The activity can be described with text, images, photos, video and audio.

Calendar - Create activity

The screenshot shows a mobile application interface for creating a calendar activity. At the top, there is a green header with a back arrow and the text 'CREATE ACTIVITY'. Below the header, there is a '+ Use template' button. The main form consists of several sections: 1. 'Title*' with a text input field containing 'Aa'. 2. 'Description' with a text input field containing 'Aa'. 3. Two circular buttons: one with an image icon and one with a speaker icon. 4. 'Date' with a text input field containing '2019 - 05 - 03'. 5. 'Start time' and 'End time' with text input fields containing '11:45' and '12:15' respectively. 6. 'Repeats' with a dropdown menu showing 'Never'. 7. 'Reminder' with a list of options: 'At start of activity', '10 min before', '30 min before', '1 hour before', and '1 day before'. Dashed lines connect numbered callouts (1-7) to these specific elements.

1

Write a name for the activity here.

2

Describe the activity further here. **(Optional)**

3

Describe the activity with an image, photo or video or with audio. **(Optional)**

4

Enter the date for when the activity occurs.

5

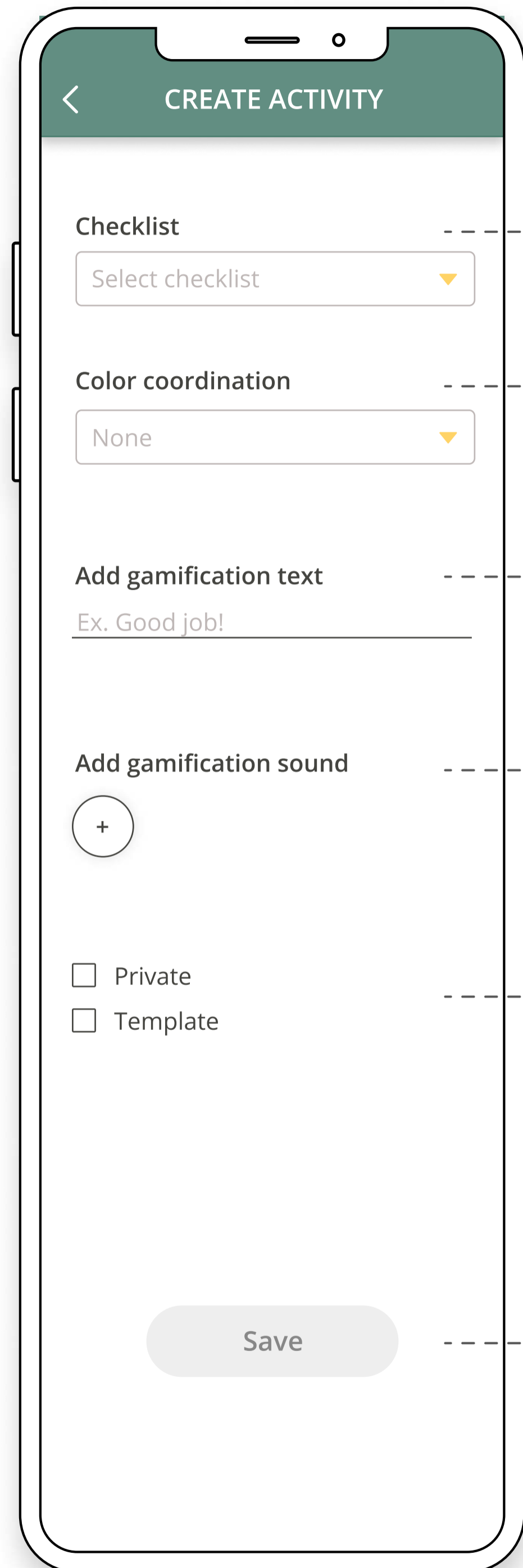
Enter the time for when the activity starts and ends.

6

Choose here whether you want the activity to be recurring. This is useful if you for example have a meeting at the same time every Monday. **(Optional)**

7

Select when you want to receive a reminder about the activity.



Calendar - Create activity (continued)

8

Add a checklist to the activity. **(Optional)**

9

Choose a color that corresponds to the activity type (for example “takes energy” or “gives energy”). **(Optional)**

10

Add a gamification text that is shown when the activity is marked as “done” in your calendar. **(Optional)**

11

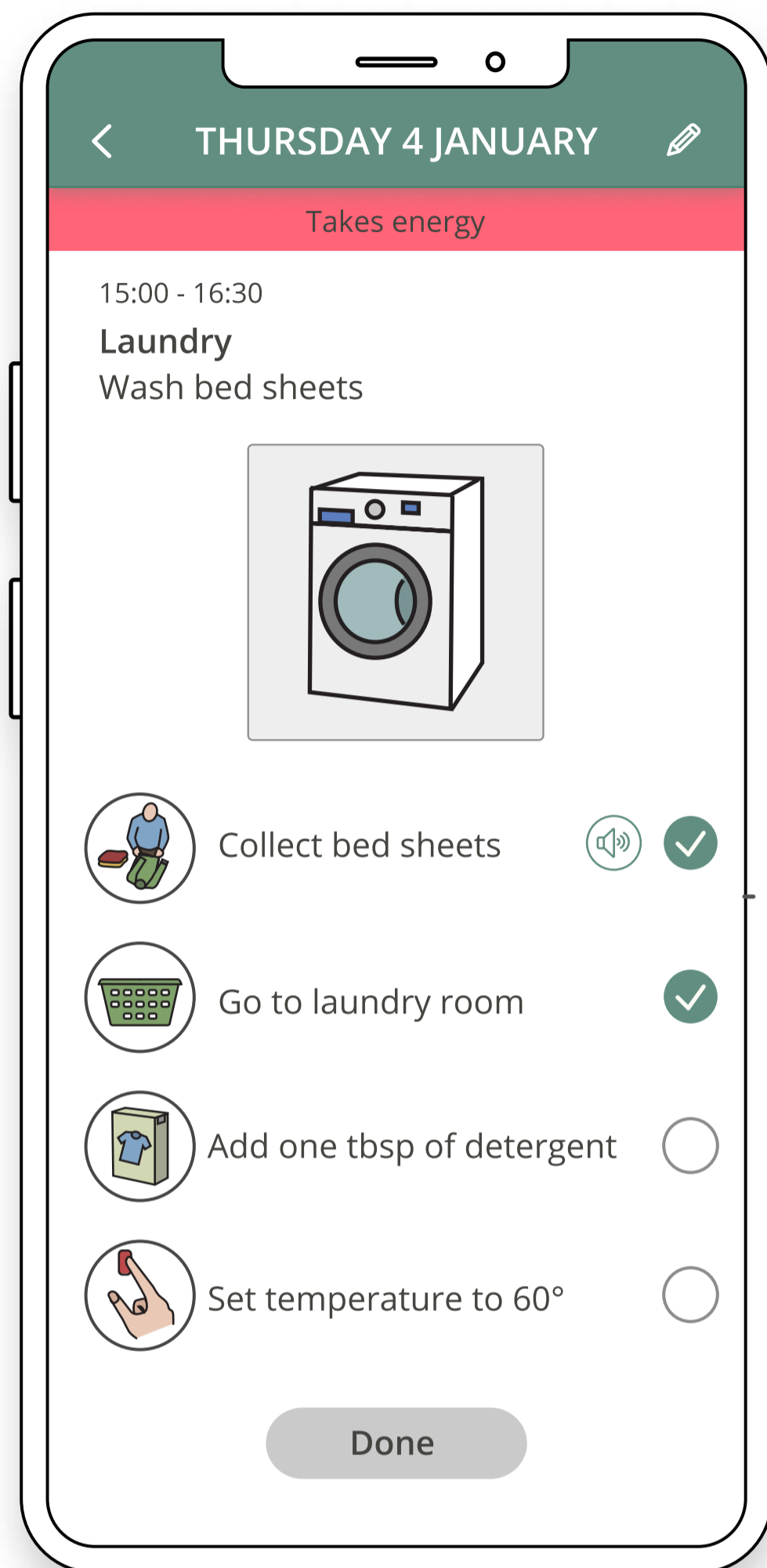
Add a sound that is played when the gamification text is shown. **(Optional)**

12

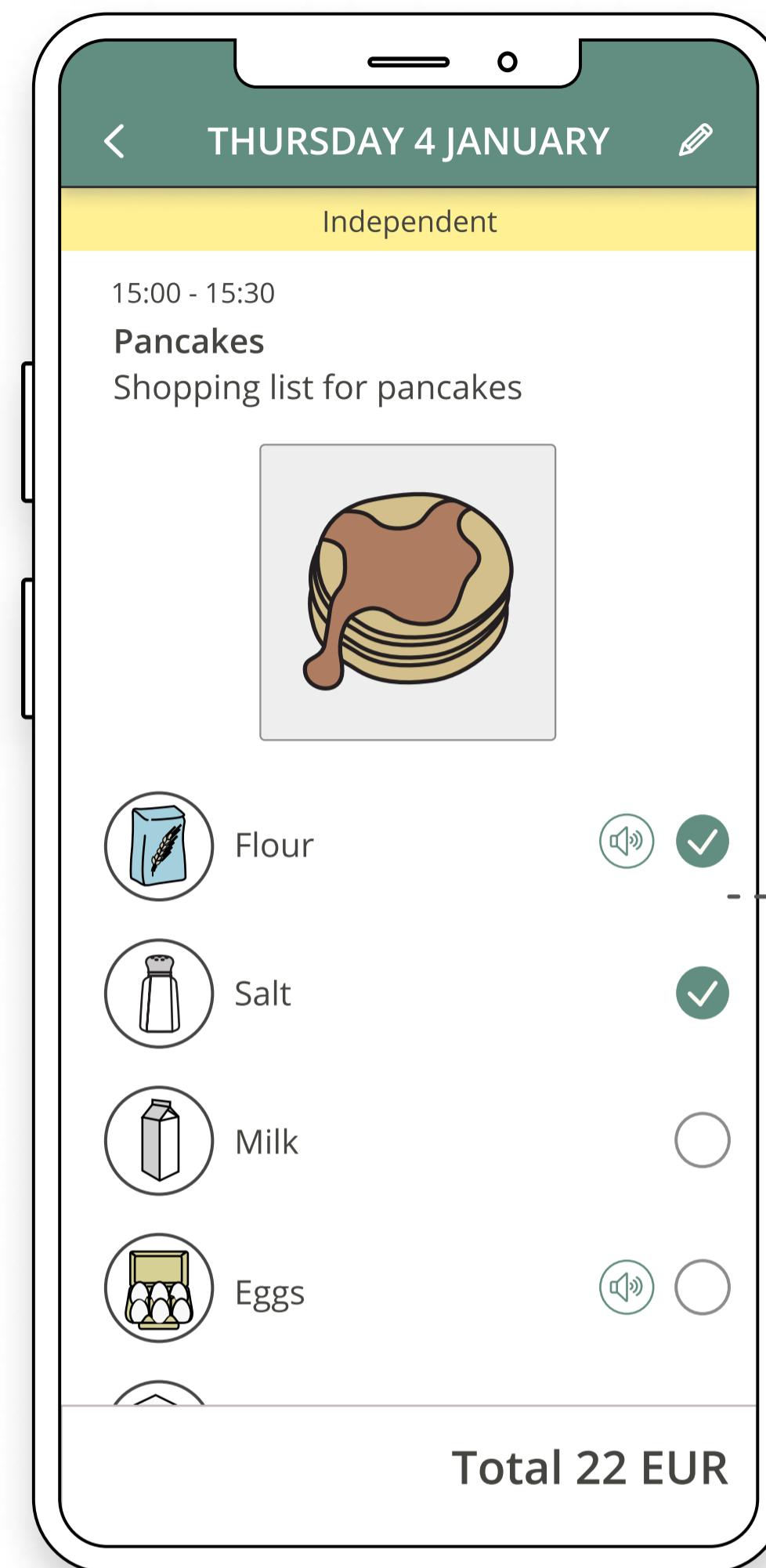
If you choose to set the activity as private your group of planners won’t be able to see it in their calendars. If you choose to save the activity as a template you can reuse it when creating other activities. **(Optional)**

13

Press “save” and the activity will be added to your calendar.



Activity in calendar with an **activity list**



Activity in calendar with a **shopping list**

Checklists

Checklists can be added to activities in your calendar. Checklists describe step by step how to complete an activity. Check the circles as you complete the tasks in the list and press "Done" when all circles are checked.

There are two different kinds of lists: Shopping lists and activity lists. The difference between the two is that all the items in a shopping lists have a price added to them.

Checklists - Create activity planning

The interface consists of the following elements:

- Title for list***: A text input field with a placeholder 'Aa'.
- Image and Audio Buttons**: Two circular buttons, one with an image icon and one with an audio icon.
- To do**: A section header above a description input field and an audio button.
- Plus Sign**: A button with a '+' sign to add the next step.
- Save**: A button at the bottom of the screen.

1

Choose a name for the list.

2

Add a picture, photo or video or audio to describe the list.
(Optional)

3

Write a description for the first step of the list. You can describe each individual step with an image or audio.

4

Click here to add the next step of the list.

6

Click here to save your new checklist.

Checklists - Create shopping list

CREATE SHOPPING LIST

Title for list*
Aa

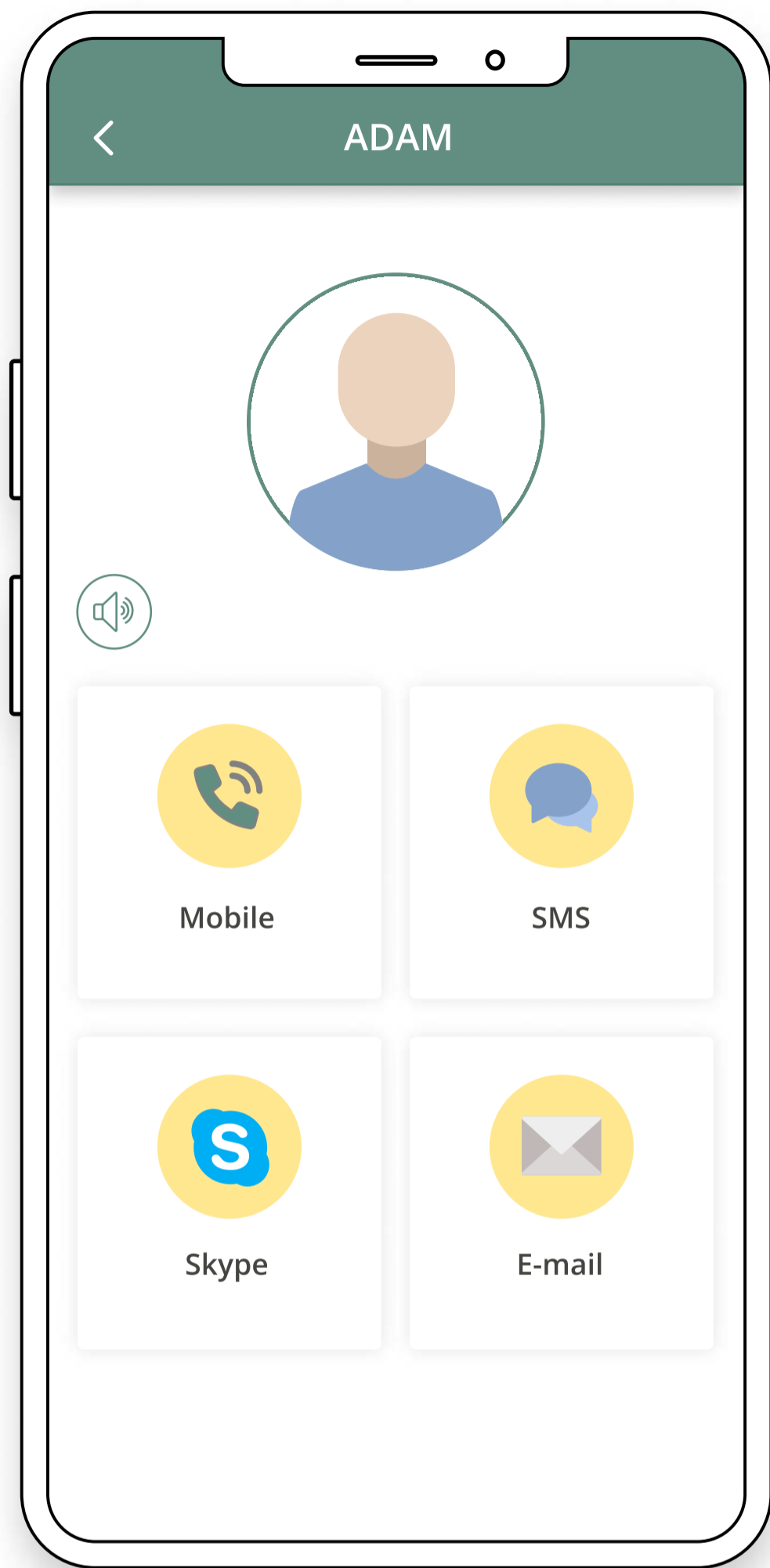
Items

Description	0 kr	
-------------	------	--

Total price
0 EUR

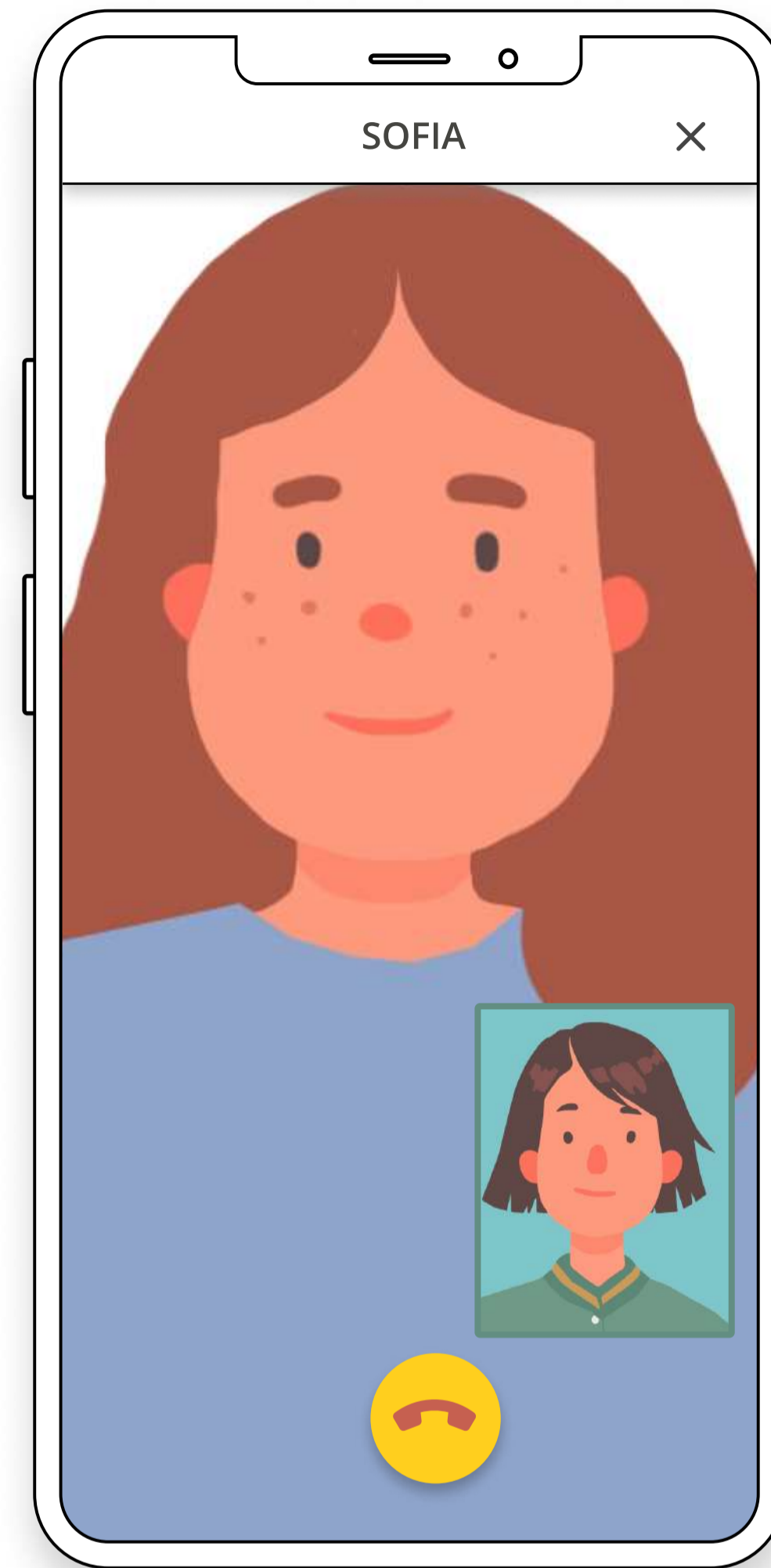
Save

- 1 Choose a name for the list.
- 2 Add a picture, photo or video or audio to describe the list. **(Optional)**
- 3 Write a name for the first item and add a price to it. You can describe each individual item with an image or with audio.
- 4 Click here to add another item to your shopping list.
- 5 Here you can see the total price of all the items in the list.
- 6 Click here to save your new shopping list.



Contacts

Contacts is like an address book where you easily can access your phones skype, text, mail and call functions.



Video call

As an alternative to Skype you can use Wellbee's inbuilt video call function to video chat with your group of planners.

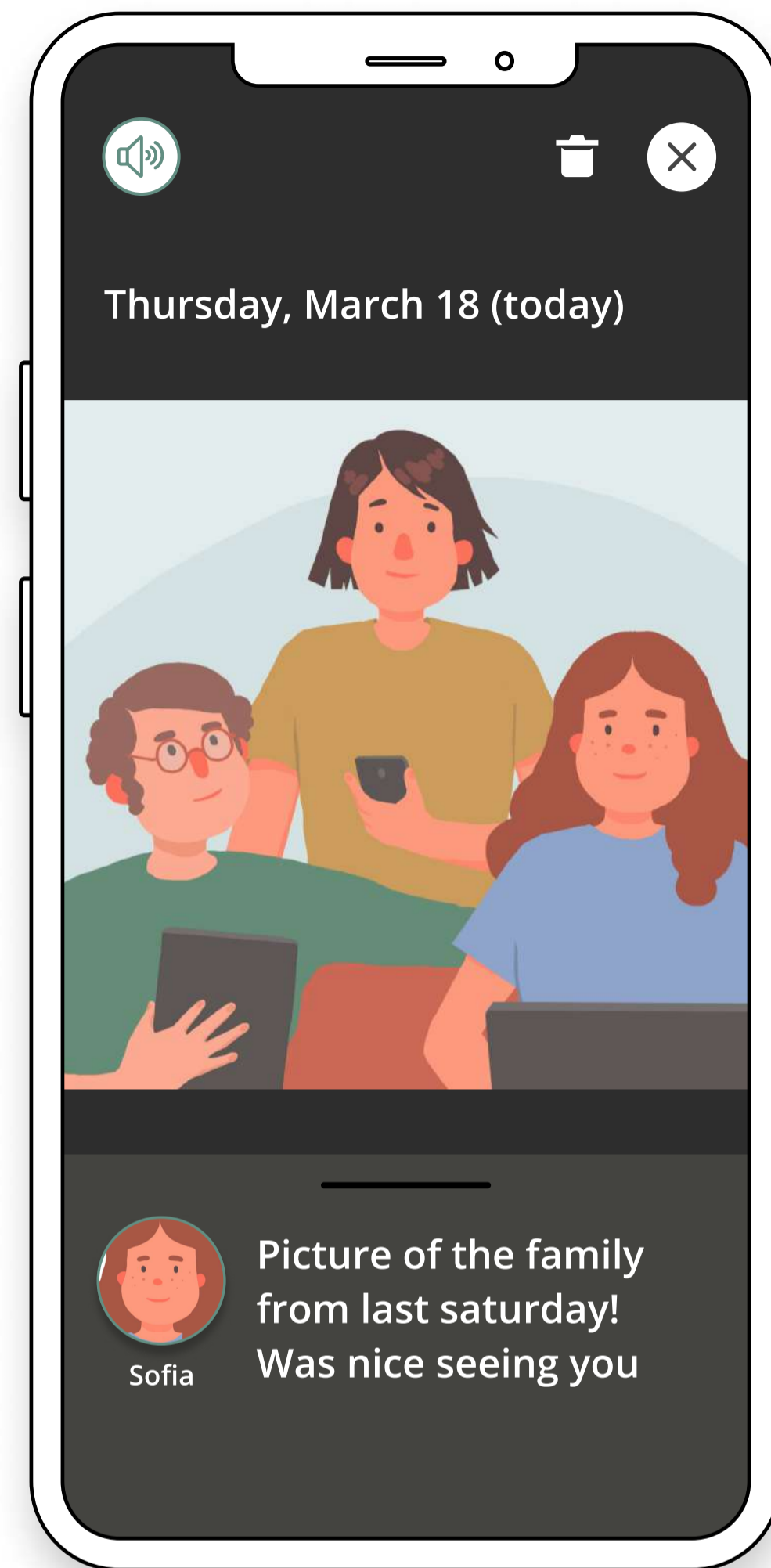
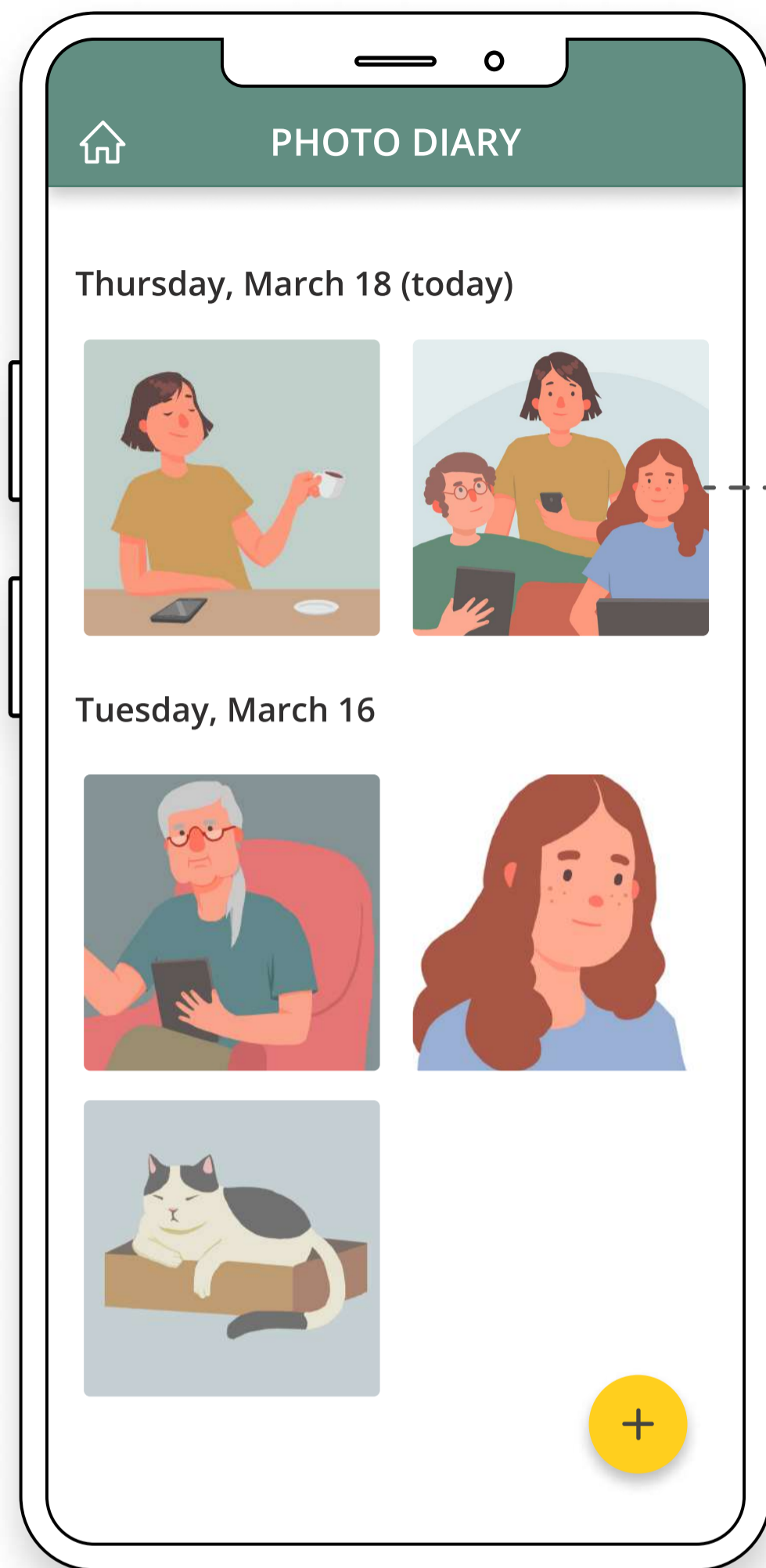
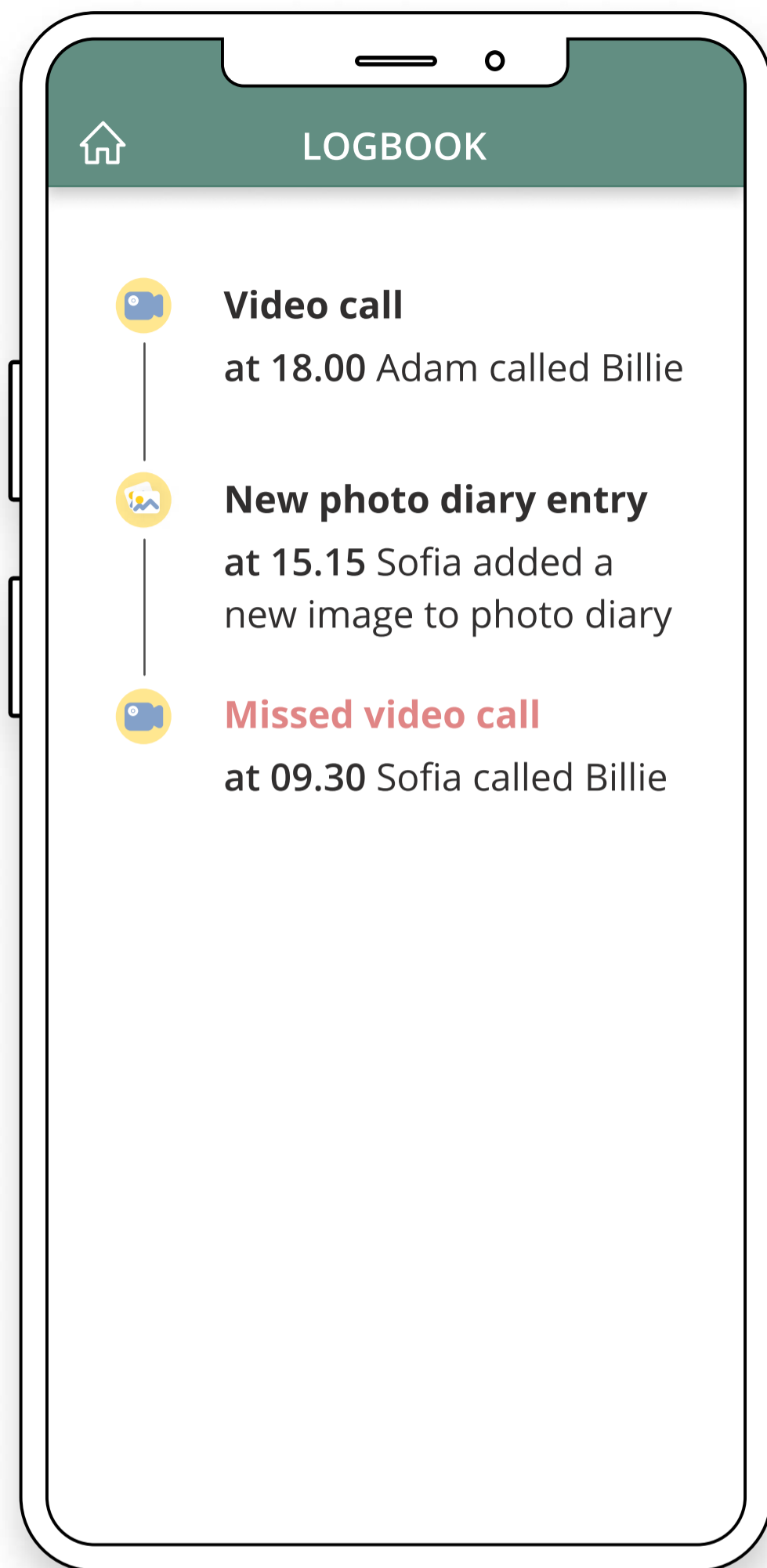


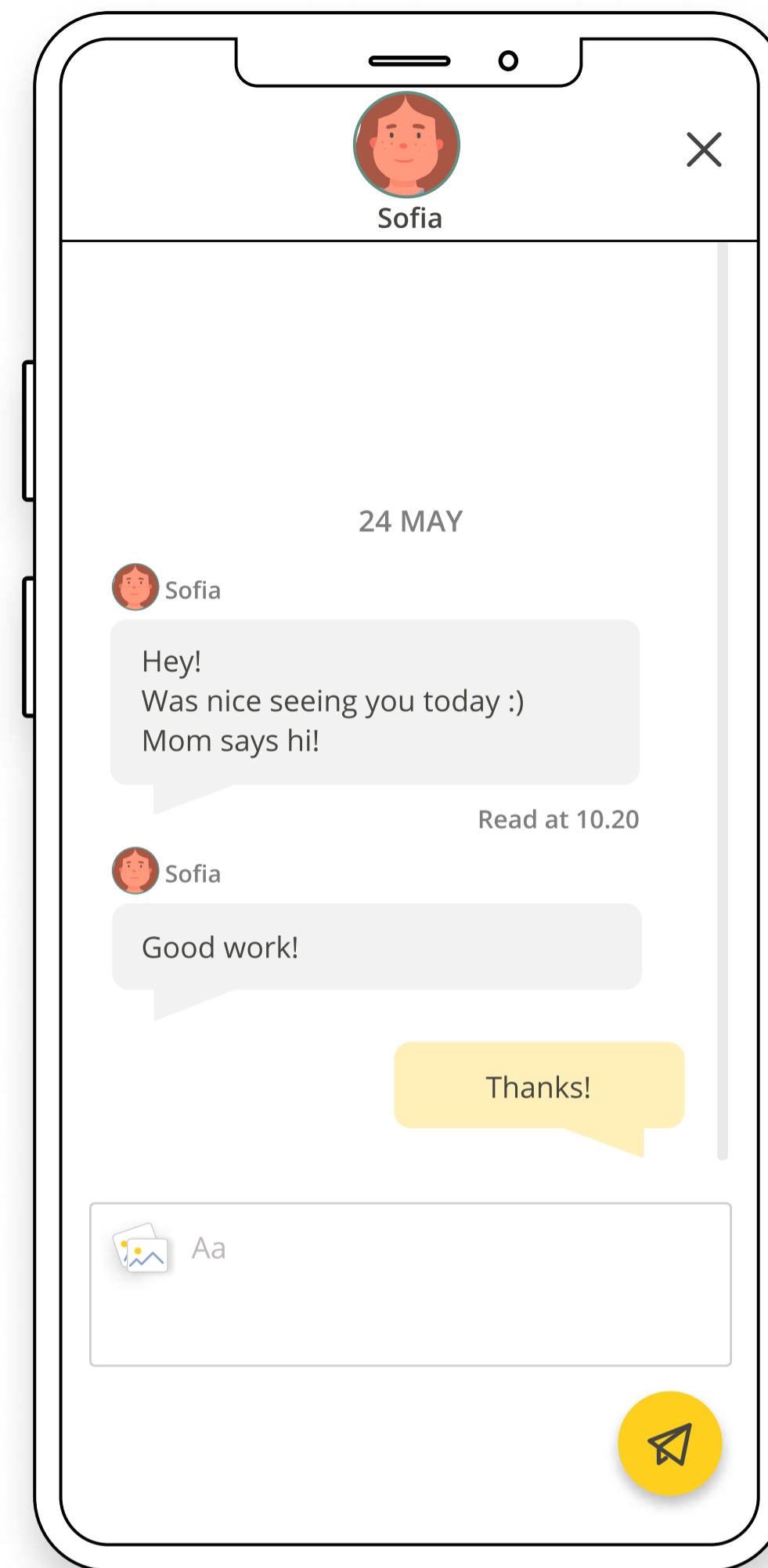
Photo diary

The photo diary is a shared album between you and your group of planners. You can upload images or photos and add texts to share what you have been up to.



Logbook

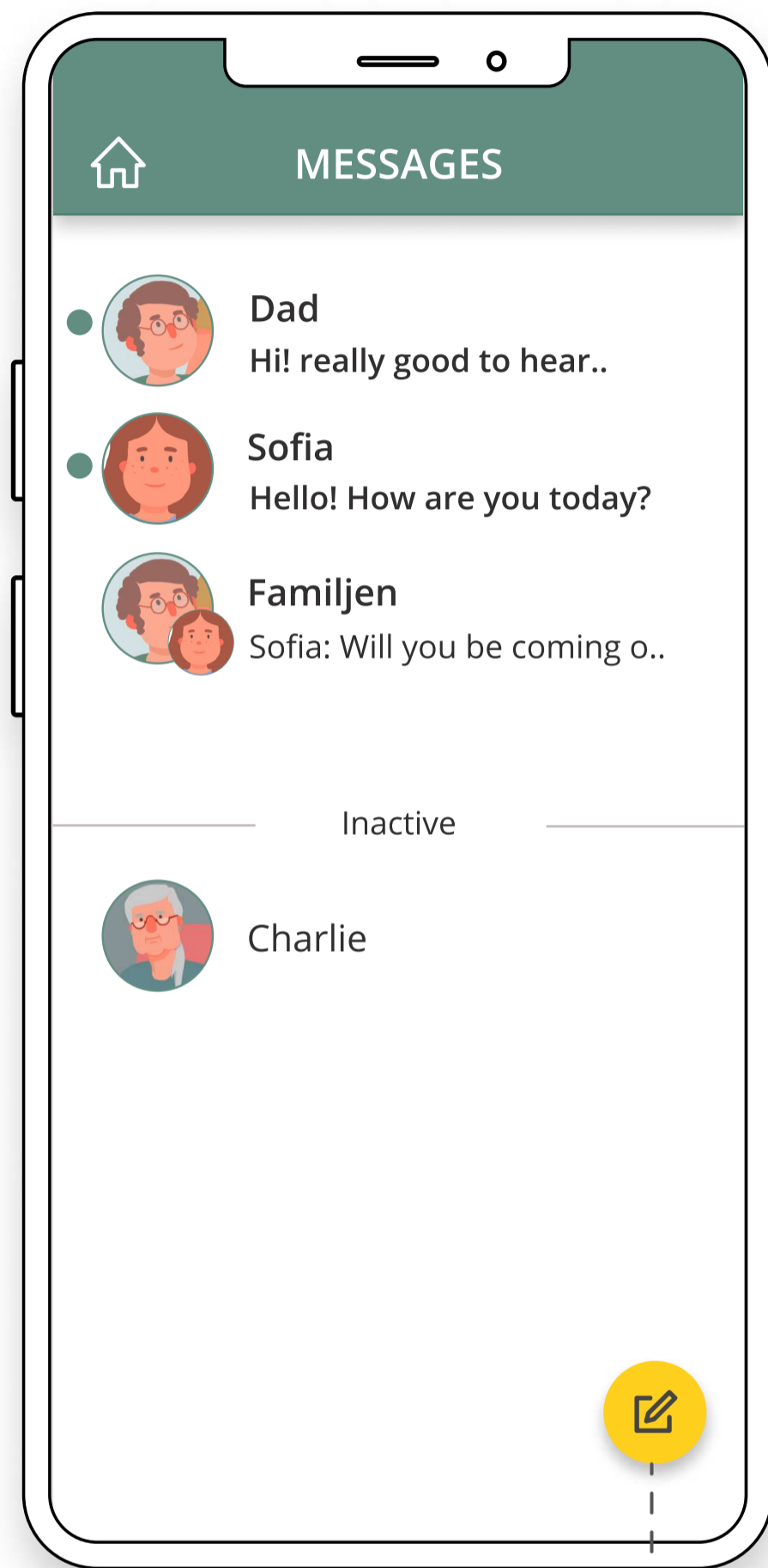
In the logbook all events from the last 24 hours between you and your planners are shown. You can for example see if you have any missed calls or if there are any new entries in the photo diary.



Messages

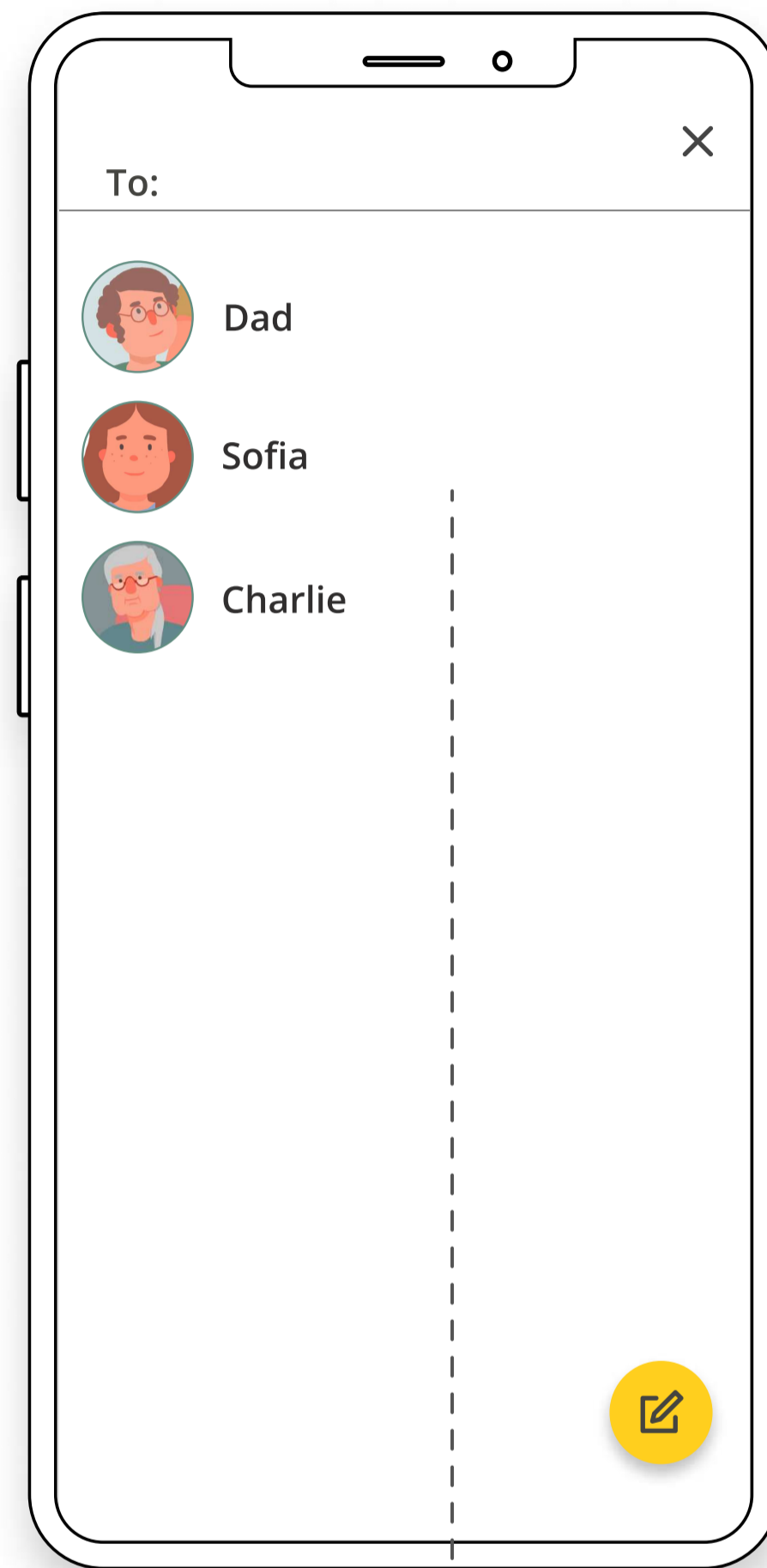
You can send messages to your planners directly in the app. You can start group conversations with several of your planners.

Messages - Create conversation



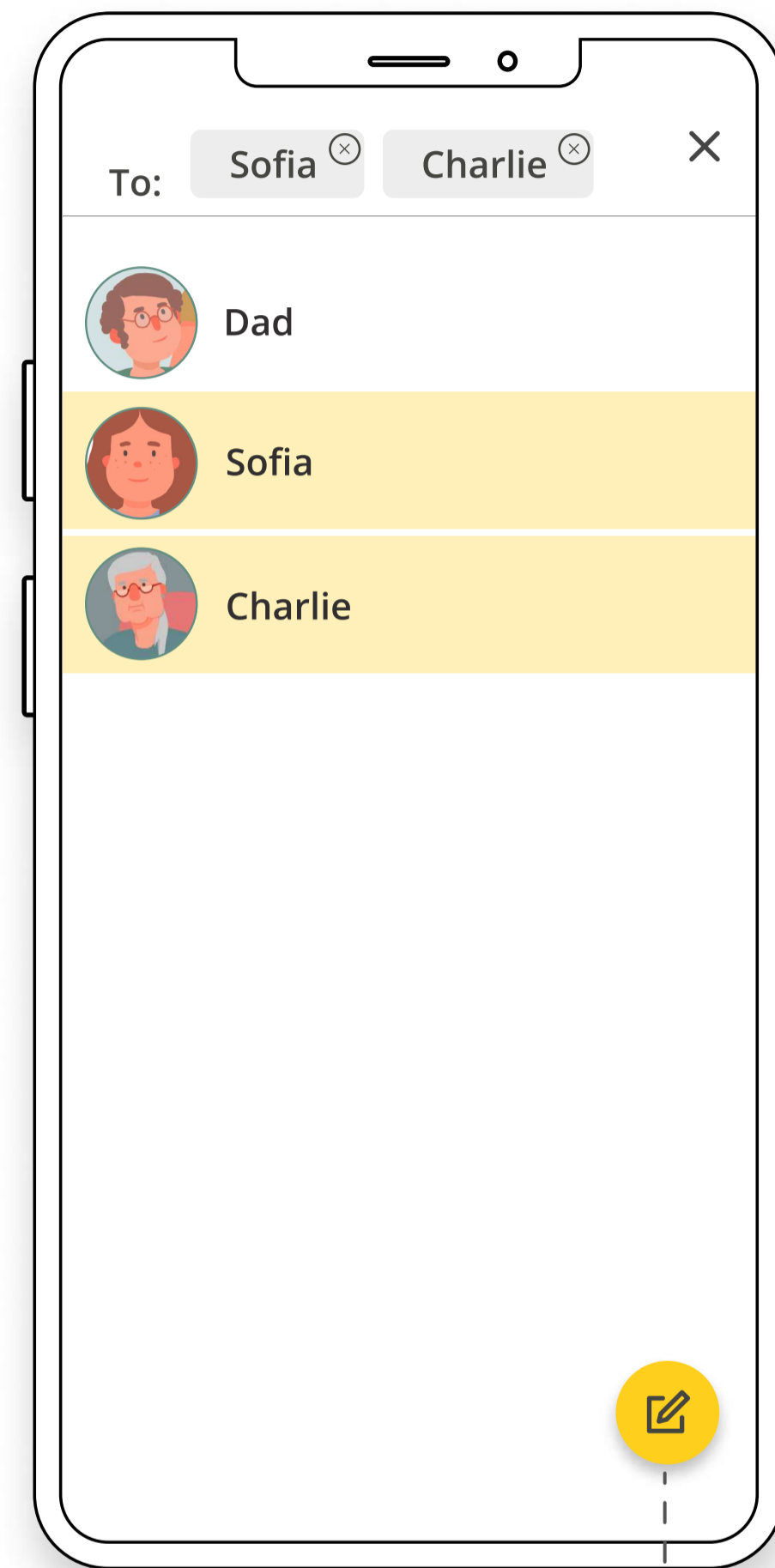
1

Press here to create a new conversation



2

Choose who you want to be in the conversation by clicking their names

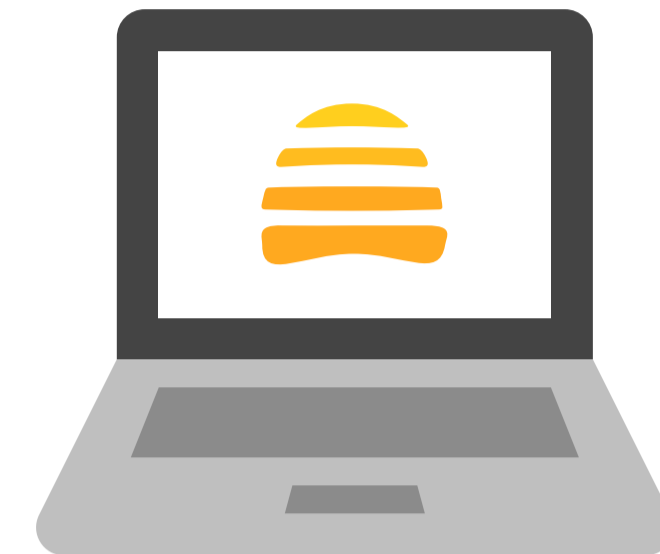


3

Press here again to start up the conversation

Tips and tricks for Wellbee web

- There are a lot of settings available on Wellbee web
- Choose which functions should be available to you and your group of planners
- Disable parts of Wellbee that you are not currently using
- Planners can have a shared account if you want to invite more people to your group



Tips and tricks for Wellbee mobile

- You can make your lists more fun by taking photos directly with your phone
- You can change the images in “Clothes” to your own pictures or photos
- Through the settings on your phone you can use speech synthesis in Wellbee
- Through the settings on your phone you can also amplify notifications from the app with increased vibration strength and flash alerts

